

# Meet your Coach.



Liliana is an international coach committed to helping leaders unlock their full potential. Her focus is on elevating professional goals and raising strategic performance to drive growth opportunities and tangible results at work as in life.

## Liliana Chethuan

Liliana is an international coach, facilitator, keynote speaker, and consultant specializing in executive and organizational coaching, leadership development, stress management, innovation, and team collaboration for business teams on a global scale. With a proven track record across diverse industries, she excels in designing and delivering value-based leadership programs and organizational development solutions.

Liliana's impact spans over 3,000 leaders worldwide, encompassing over 100 leadership and coaching programs tailored for management and C-suite executives. She has successfully partnered with over 30 functional and cross-functional teams, enhancing communication, optimizing performance, and fostering a culture of constructive feedback between managers and their teams.

Liliana's abilities to meet clients where they are at and to create trusting relationships and strong coaching alliances are supported by transformational conversations that generate growth opportunities to develop further strengths at work as in life.

### AREAS OF EXPERTISE

- Executive Coaching & Leadership Development
- Strategic thinking
- Engagement & Team Collaboration
- Psychosocial Risk, Mental Health & Wellness
- Trilingual: English, Spanish & French

### INDUSTRIES

- Tech
- Financial
- Pharmaceutical
- Manufacturing
- Higher Education
- Non-profit / Government

### EDUCATION & TRAINING

- M.A. in Bio-medical Stress & Environmental Psychology
- B.A. in Psychology
- Emotional Intelligence Coach EQi-2.0
- Effective Intelligence - Rhodes TIP
- Self-management Leadership, Oxford Leadership Academy