

Meet your Coach.



Those who work with Eva appreciate her highly personable and insightful nature, strategic foresight, creativity, constructive candor, and systems lens. Eva's clients consistently celebrate strengthened skills, confidence, results, and overall feelings of success and fulfillment.

Eva Van Krugel

ASSOCIATE CONSULTANT

Eva is an experienced executive coach who partners with leaders nationally and across borders at various stages of their trajectories and is committed to doing great things in the world. Leaders, executives, and teams accelerate their learning, development and contributions when partnered with Eva.

Eva brings an unusual perspective to coaching having worked as an executive marketing and business strategy leader in the UK and North America for over 20 years serving various industries, global to regional in scale. Today, Eva has trained her focus and business experience on what she loves to do most, inspiring courage, confidence, and high effectiveness in leaders and teams as a coach. Eva is well familiar with the complex dynamics within organizations at every level, navigating ongoing change and emergent challenges and opportunities. She also understands the grit and devotion required to be a leader, cultivating a way forward with a highly engaged team and delivering results.

Eva is devoted to supporting EDI in volunteer and professional capacities, particularly multicultural and LGBTQ2+ communities.

HIGHLIGHTS OF CLIENT ENGAGEMENTS

- Successfully coached executives and senior leaders through transformation and change, with positive testimonials.
- Led team coaching engagements to establish clear vision, values, and conduct, including strategic focus, risk mitigation, and role alignment.
- Developed and led a multi-month leadership training program focused on building courage skills for interdependent teams, resulting in high ratings, relevant learning, and successful application.

AREAS OF EXPERTISE

- Leadership development training
- Team coaching
- Leadership/executive coaching (transitions, onboarding, and more)
- 360 processes
- Leadership assessments

INDUSTRIES

- Financial
- Wealth
- Public Sector
- Post-secondary Education
- Healthcare
- Tech

EDUCATION & TRAINING

- Professional Certified Coach (PCC), International Coaching Federation
- Certified Executive Coach (CEC), Royal Roads University
- Systemic Team Coach Certificate, Renewal Associates, Dr. Peter Hawkins
- Positive Intelligence™ Coach (CPQC)
- Four Stages of Psychological Safety Certified Coach & Trainer
- Dare to Lead™ Trained
- TypeCoach Assessment Certified Professional
- EQ-i Assessment Certified Practitioner
- Certified Conflict Dynamics Profile® (CDP) Practitioner
- Harrison Assessments Debriefing and Coaching Certified Practitioner