

Meet your Coach.



Kelly Labrecque

ASSOCIATE CONSULTANT

With 1900+ hours of coaching experience, Kelly has partnered with more than 300 clients across a broad range of industries. She's worked with clients from all levels of an organization from frontline staff to c-suite and all sized businesses from early-stage start-ups to large global corporations.

In addition to 10 years' experience as a coach, she has more than two decades of industry experience in science, healthcare, and business management.

At the core of her approach is the belief that value-centric business and conscious decision making are central to the evolution of our global community. She truly partners with her clients, creating customized blueprints for maximum impact, exploring core values, leveraging strengths, and establishing success mindsets.

HIGHLIGHTS OF CLIENT ENGAGEMENTS

- Partnered with global organizations to provide coaching at scale through 1-1 and group coaching engagements.
- Facilitated and coached managers in peer-learning groups through the "Managing@UBC" program at the University of British Columbia
- Coached Staff and Faculty at the University of British Columbia through the Prism-Award winning Coaching@UBC program.
- Leadership development coaching for emerging leaders in non-profits through the ICF Leadership Development Program in Vancouver.

AREAS OF EXPERTISE

- Leadership Development
- Team Alignment
- Critical Conversations
- Decision Making
- Career Progression
- Confidence & Success Mindset

INDUSTRIES

- Science and Research
- Engineering
- Energy
- Aerospace
- Government
- Education
- Healthcare
- Manufacturing
- Retail
- Finance
- Legal

EDUCATION & TRAINING

- Certified Professional Co-Active Coach Professional Certified Coach (International Coaching Federation)
- Certificate in Group Coaching (BetterUp)
- Certificate in Conscious Business Coaching with Fred Kofman
- Group and Team Coaching Essentials with Jennifer Britton
- Bachelor of Science in Physics and Mathematics (University of Canterbury)



Kelly will partner with you to create a crystal-clear vision of what you want, provide a safe space for you to dream, brainstorm and imagine your biggest possible future then challenge you to do it!

Coaching Sessions: Virtual